

KWTrack10/indian/fromTablesToLineUp:

Sitting Has Been Lots Of Fun
And Now Its Time To stop
Soon We'll Get Up And Go And Run
And Skip And Jump And Hop!

Let's Stretch Our Arms Up To The Sky
And Reach With Left And Right
Look With Your Eyes Now Way Up High
Then Squeeze Them Shut So Tight

Open Close Open Close
Blinking Fast Or Slow
Next You Can Scrunch Up Your nose
Breath In Deep And Gently Blow

Inhale Exhale Take A Breath
And Sit Back In Your Seat
Please Get Your Table Ready
Check That It's Clean And Neat

When The Teacher Calls Your Table
Time To Line Up At The Door
Inhale Exhale Take A Breath
And Then Please Take Some More

REPEAT FROM HERE TO END X 6

We Follow What The Leader Does
To Stretch Our Bodies Out
Please No Talking Not A Buzz
Once We're Outside We'll Get To Shout!

Let's Listen Now
Whose Turn Is Next?
Who Is It?
We're Quite Perplexed!

[Teacher Calls up children to the line]

Now That You Have Heard Your Names
Please Come Join Our Line Up Game

You My Friends please Line Up Straight
We'll Stretch While We're In Line
Go Right A head Now Don't Be Late
In Following The signs

Watch The One In Front Of You
And Not The One Behind
Then You Will Know Just What To Do
In Order To Unwind